

ELIXIR



FUSION

FOR THE INFINITE ARTIST

M A N D Y S H A N T Y N E L O P E Z

Executive Coach

Creative Director

Writer

Public Speaker & Voice Over

Creativeinteportal.com

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The World in Abstract: The Dark Ultimately Serves the Light

At this present moment in our Earth's existence, we are seeing many changes. We are living in a time like never before (or so they say). We are witnessing information that had at one time been veiled from us. Many can now see through the controlled matrix, and citizen mind control. The negative dark is being revealed, with a bright spotlight for exposure.

This is not to say the dark is to be eradicated. Both the Light & Dark are aspects we ALL hold within ourselves. The Universe for now is in dual nature, light & dark, masculine & feminine, yin and yang. The evolving aspect of that is in Fusion (this concept will be addressed in another post). I refer to the Negative dark, as that Aspect which imposes on the WILL of another being, entity, civilization, or Planet.

Some would say they are witnessing a battle between the Dark Forces and the Light Forces. The terminology may be different, A time of Satan (Revelations), the Illuminati, the Cabal, and Negative ETs, yet it may all be referencing the same battle.

All things on the Physical Plane (Earth), will also be matched in the Meta-Physical Plane (Spirit worlds, other dimensions & time-space realities, etc). If you follow what is going on in the news and alternative news outlets, then surely it is going on in realms many don't even know to exist. **This is why it is wise for us to truly discern the information that is being presented to us. Does it hold the weight of Negative energy attached to it? Or does it have a Light Positive resonance to it?** We cannot believe what is JUST spoon-fed to us. We are in an age and time of disinformation, mind control tactics, and twice as many distractions. This is our time to listen with our Intuitive Sense. Does the information feel truthful? Does it feel heavy or light? **Are we being pushed into Fear? Never accept fear tactics, that is a trap.** Take in the information and then take in more from other sources. Then step back and think about what is the deep aspect of the info. What is really going down in the rabbit hole, what distraction might this be, and what energy realm does this info fit into (negative or positive)?



Finally, when it comes to the unseen realm, is a realm of Magic, Spirit, and Energy. Magic is as Natural as Nature itself. Magic is the Twin Spirit of Earth herself. Magic is the natural order of the Cosmos and aspects of GOD. What is currently being witnessed is the perversion and the inversion of Magic. The Negative dark can come up with its forces, manipulate and bend the Will of others, and sacrifice them when the Ritual is all over. Yet, that aspect of the Dark has forgotten three very important concepts...

1. The paradigm has shifted and it is time for a New Age, A New Game, A New Reality & Existence.
Like the alternating Yin & Yang, it is now time for more Light Aspect.
- 2 The Laws of this Cosmos will reflect and bounce back all Deeds tenfold.
What we put out is what we get back. What we do unto others, is and will be done to ourselves.
3. The Dark Ultimately Serves the Light.



We are in fact lucky to be witness to all this chaos and destruction on the physical and non-physical. It means we have been called to bring in and anchor more Light. The age of Negative Dark Magic is over, outdated. We bring in the Magic of the Light, more so than the Light. We bring forth the Age where both Aspects see and recognize each other. Together they will create a New Magical Fusion. We then as Humans will heal those aspects of ourselves. Brace yourselves for a New Earth Adventure, hold no space for Fear, and Know it to be a Positive Present & Future.

The Dark Ultimately Serves the Light...
Fear Nothing.

The Observer observes itself through ART.



My perspective on life is that each of us has an inner need and desire that drives the blueprint for our lives. Some of us that are driven by creativity. We come to this world seeded with the gift and intuitive vibration to be finely tuned and of service with these Talents. We equate the need for art with our need for food. Our survival is based on the outlets for expressing our nature through dancing, acting, painting, singing, writing, playing an instrument, or anything that creates. My soul is easily moved by the most eccentric of pieces.

I was moved and awoken to a deeper appreciation for two particular pieces this week. Both showed themselves to me by random chance. The first was while I was driving to Starbucks. On this particular day, I was out of balance and feeling a little bitter for feeling bitter at myself (if that makes any sense). It was a take-no-bullshit kind of day and I felt like tuning out and having an iced coffee with my dear friend MJ. The radio was blasting and here is this new song just starting. The music rhythmically is great; the Shakira voice is obvious with its uniquely recognizable tones. The song is “Empire” ...

Now here is where I began deeply inspired and appreciative...

The writing and language in this song speak as if it was coming from the mind of a wise cosmic God/Goddess. When artist play with Universal themes and cosmic metaphors to me that is the language I most recognize. It's most romantic and inspiring while being aware of our own poetic existence. The description of the experience of love in this song is compared to “The Empires of the World Uniting and the stars making love to the Universe...” How can you not be seduced by the words of this song? (This is obviously proving how much of a nerd I am for words and metaphors).

It very much reminds of the language and themes from the Persian Poet Rumi.

His poems are collaborative master pieces between love and spirituality. “Empire” resonated with me in the same kind of light. Anything that connects us to our true essence of consciousness has got to be a spring board for infinite artistic creations. Hearing those words wrapped in a pop song and served to me on a day of unbalanced brought me back to my center. We are alive and we experience love and art and life and what more could we want? Everything is perfect in this very moment. We are part of the blue print of the Universe. I needed to step back and appreciate the natural gifts given to us every day.

I need these kinds of little reminders. That's how I feel the Universe talks to me. We are experiencing a major shift in our World, our dimension, and our selves. It's is to our benefit to be in high vibrations and raising our awareness to life. I will be the first one to say that no matter how much yoga, clean eating, meditation, and self work... still we are human and can and WILL have bad days, weeks even. I Do.

This brings me to my next bit of inspiration...

The Observer observes itself through ART continued...



Now, this is perfect proof that even the children in our world are of unique and amazing talented intelligence far beyond their years. I read an interview with Sia in a VH1 article where she is quoted saying “Maddie was like a channel”. Not only does this video demonstrate an 11-year-old child dance prodigy. But it got me thinking about how we feel we may know people by the shows we see them on. Maddie Ziegler has a mentor and dance teacher (Abby Lee Miller) best known for her strict dance tactics and expectations that surpass perfection. I can relate to my performance training throughout my life.

I can also relate to how now I am the coach and the mentor to my students and clients. Seeing this video and the dancing made me experience it in two different ways. First as my own inner young performer self. What it feels like to be completely taken from mind, body, and soul with a piece of music, choreography, and a great script, connecting to a divine creative source. Performance for me is a very spiritual practice and I honor and respect it. It took me back to every single moment I’ve spent on stage or in front of a camera all wrapped into one intensely appreciative moment. Also all the craziness behind being a young performer!

The second perspective I had was that of knowing I too train very talented young performers. One in particular that just has the same makeup and substance as I do. Every teacher must have one prodigy that they put all their extra efforts into. I think of it as teaching other avatars to reach the next level. Together we learn and both reach the same level, which is the paradox. I can’t imagine how proud ALM was of Maddie. Sia who assisted in the direction of the video, executed a concept so artistic and nontraditional. How can it be anything other than inspiring?

Sia’s song, Maddie’s dancing; Shakira’s lyrical language all caught my attention enough for my soul to listen. It resonated so much that my creative self awoke back up from its momentary slumber. When the artist’s passion is woken up again...there is no putting it back to rest. It has no choice but to spread, collaborate, be seen, be heard, and be felt. I am so grateful and appreciative of these two art pieces at this moment. Obviously inspired enough to write this blog....

The Taming of the Mental Monster: Artist Addition



The beginning of the week has started and our human minds are operating with thousands upon thousands of thoughts per second. Some are already thinking of how to close the work week with a bang. Then there are those who can't wait to grab onto those two weekend days of freedom, wondering how the hell they just flew by. Case in point, everybody operates on a thought process that involves moving from the next moment to the next and so on...

Except this movement is rapid, it speeds through the next. Almost as if we are in a video game moving rapidly to collect the gold coin. Are we indeed chasing after invisible gold coins? Why is our mind constantly entertaining one idea after another? Replaying of events, conversations, fantasy, and even at times, delusions!

Our minds are in such mind noise that we now in the West promote meditation (my saving grace). Silencing the mind is now in mainstream TV shows, books, trends, celebrities, gurus, apps, etc. So we can be in agreement that our mind is a constant chatterbox, can be a pain in the ass, and at times can lead us through some really dark places. What then do we do with all this noise?!

We must TAME the beast!

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Ok maybe calling our mind “a beast” is a little much. But one thing for sure is our mind can be our worst enemy OR our greatest ally. Many Sages, Buddhists, and Hindus believe the mind has extraordinary powers. Our mind is capable of directing a point of focus, and then watching its instant manifestations. This ancient philosophy treated the notion of the mind as a connection circuit to the Source. (Replace the word Source with anything you feel comfortable with...God, Higher Self, Creator, Energy, Consciousness)

So if this is our “connection” to a higher version of ourselves, clarity, higher consciousness, God. Then why are we operating in a way where it is hard to silence that chatter and leave the circuit open for connection? Wouldn't our natural innate lean more towards the shutting down of the chaos and more toward connection?

These notions of short circuits and mind monsters have made me quite a professional observer. As I can site, all of this information and experience has been brought to you by my own mind monster herself. Although, I can proudly say... my MM has given me moments of the most creative, inspiring, transcendent, transforming, uplifting, forward-thinking, positive, and innovative ideas and thoughts. For that, I am so grateful and humbled to her. Since this Mental Monster is an aspect of me... I feel asking her to show me more of positive creativity is my divine right.

Continued....

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After all...when it really comes down to it... We are the monsters in the driving seat of our minds. We bounce back and forth from the darkness to the light, to the mundane, to the extraordinary, to the fully present, to the absent, to the creator, and to the deep hole of despair.

Here is the first insight into taming the beast. Recognize your Monster when he/she starts to show up. Each of us can only transform ourselves and therefore we must be fully capable of recognizing first that we share a mental space with a mental monster. If we were free of them then we would be experiencing the blueprint of a whole other world. (More on this later)

So as they would say in Alcoholics Anonymous “The first step is admittance.”



Let's all admit together right now (I can hear your Mental Mind Monster saying “This is rubbish”). We all have a monster that is so mischievous, so controlling, so demanding, so delusional, pressuring, in a rush, chaotic, judging, at times fearful, and anxiety-ridden. Yes, you read that correctly...FEARFUL. Wait. Mind Monster? Fearful?

First things first... let's get out of the dark for a moment (we will explore the dark side of us and fear later) and into the acknowledgment of this monster driving the mind vehicle. Sit tight. This might take some time... And that's ok.

When did we all become the White Rabbit?

This morning I had a conversation with one of my best friends. She talked about being overworked, over-exhausted, and struggling to make time where time is needed. Coincidentally, just days before a different friend shared the same grievances with me about something, TIME. Apparently many are asking the same question at the same moments... "Where has all the time gone?"



I have to admit that I too witness the hours, days, weeks, and months just disintegrating away. Are work and life really this consuming to us? Is all we have to show for it is frustration over how we can't ever seem to get anything done? Are we slowly morphing into the bland and boring adults we said we would never be?

I have observed us all becoming the white rabbit from Alice in Wonderland. "Always late...late...late...for a very important date." Always running and racing to make the next stop, scratch off the next thing off our To-Do list, set the alarm clock, turn off the alarm clock, in traffic, in our minds, doing it all over again!

What is everyone in a rush for? Why is everyone burning through time?

In many cases most familiar to me... we are burning through time to be able to work, pay bills, build upon new successes for ourselves, extend our education, higher our work experience, be productive, and the list goes on and on. Feel the frustration?

where is the pause button and when can I push it?

Here is what I have to constantly tell myself and I will gladly tell you...

It's OK to take a pause in life when it becomes a hectic beast. Take that moment to stop and push the pause button on your own life. Here is a secret I've learned... You can pause time. You can definitely slow it down and open up those moments in which you may need extra bits to get shit done.

Ready to fall down a whole new rabbit hole?





Every time we stop and observe the present moment, we stop time. Every time we enjoy just the presence of our own essence.... we have slowed everything down. Each and every one of us is in total control of the projected world of our own reality. If you are constantly on the mouse wheel chasing the cheese, you may catch yourself moving in circles over and over again. We are living in a world today where everything is moving fast and every bit of distraction is being unleashed on us. We are also living in a world where rarely has anyone ever said "It is Ok to stop and pause life for a moment". It is OK to rebuild, rethink, regroup, and remodel your ideal experience in this current existence. Without that lesson, we have missed a very important detail in our lives. **WE ARE HERE FOR THE EXPERIENCE.** We are living in a physically based reality and we are here to experience whatever journey we wish. Let's not forget that common clique "It's all about the journey, not the destination".

We are miracles and why would anyone want to waste the experience of a miracle?

So take a pause...take a moment...be in the moment. In my case, I had to re-prioritize the business and work I put forth in my life. I found myself on the mouse wheel and in constant frustration and anxiety. I decided to stop chasing the cheese and go create my own cheese on my own terms. Most importantly, so my experience on this Earth could be filled with more of what I like and less of what causes me anxiety and frustration.

The white rabbit still comes around....except this TIME around...I have hidden his watch.



A Portal for Art, Spirit, and Creative Intelligence.

What can you do for the world? Play with Fire...

In the wake of the Paris attacks and the violence done all over the world. Many are glued to media outlets and news, reporting on the tragic events which have shaken all. I personally tuned out all media during the day and only check in during the evening hour. Only to be updated and informed on the latest events. The rest of my time has then been applied even more so to the works of Dali and the world of Escher.

How funny is that? (or dark some would say) an unfortunate set of events happened in Paris and continue to happen all over the world. Yet, I tune it out and schedule my weekend around the Dali Museum and the literature of magic and business. In reality, everyone did, everyone continued to go about their reality and then tune into the news (via phone, app, tv, radio, etc) pretty frequently. In a way... it's our human way of being connected to a situation or scenario by being engulfed in it.

Although, I won't discredit that engulfed obsession. At the very least some energy and focus are going in that direction. However, it's the type of energy charge you put in that point of focus that matters. You have three ingredients (energy charges) to choose from; Positive, Negative, or Neutral. The trap however in these media news outlets, they love to brew negative focus energy.

With the recent awareness of events, it is evident that the World may need some new focused energy. Notice I purposely didn't say "The World needs help". The World-Earth is beyond powerful in her own right, she could end all life in an instant if she so desired to. It is the HUMANS whose feet touch the ground who need "help". What can we do for the World, including the people in Paris AND the middle east? We first need to help ourselves. We need to learn how to have new focused energy.

We need to take that fire inside that has us angry and scared and wanting revenge. We need to brew it in another direction. We need to change the course of the downward spiral it spins. That fire has many thinking they have to choose sides and fear their fellow human. The fire has many hating a certain religion, culture, government, actions, money, status, etc, etc.

We need to first lower the temperature of our Fire... only enough to point it in another direction. These moments of "darkness" and chaos are actually giving us amazing gifts. They are igniting fires in us, huge ones, with great ammunition. Why waste this great element by focusing it in the direction of destruction? Why not generate the element of FIRE within the direction of what pulls you!

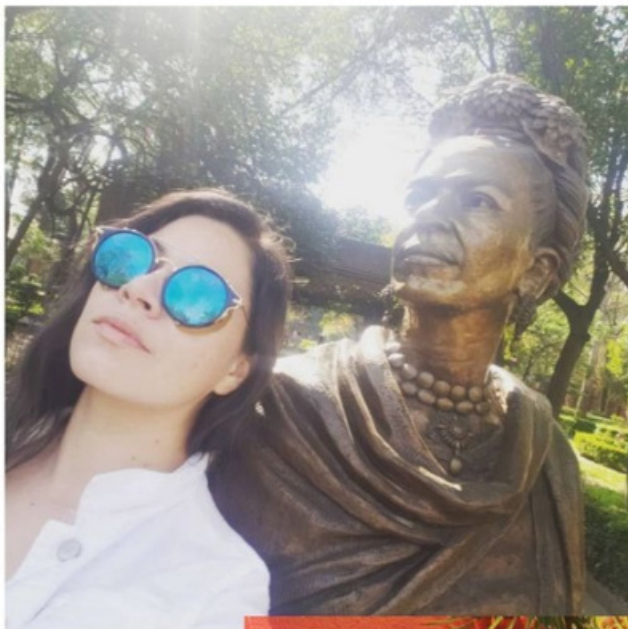


META-PHYSICAL GIRL



MANDY SHANTYNE LOPEZ

**Meta-Physical Artist. Creative Director. Intuitive Coach.
Performance Artist. Writer. Cosmic Woman**

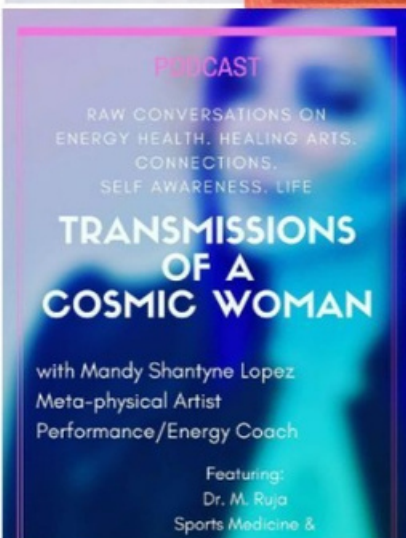


Cosmic Women Magazine is a spin off from my podcast, **Transmissions of a Cosmic Woman**. (If you haven't already, please, take a listen on The Dialogue Internet Radio Network, <https://dialogep.com/index3.html>)

My perspective of the world is through the lens of Meta-physics, the greek philosopher, Socrates. would refer to Meta-physics as one of the main sciences and philosophies. My path has led me to learn and explore the fabric of our Cosmos and the Universe within ourselves. We are both a microcosm and a macrocosm of existence. We are both the individual physical vessel and the Divine Spirit.

Signs and Synchronicities took me to a deeper understanding of myself, my mission, and who I am. My passion is expressed through my art forms. It was my love for Meta-physics that activated my Creative Force. We create our realities through thought, sound, and actions. So, surely we must be creating our best lives yet.....as well as adding to the patterns of Suffering and the old paradigm.

How can we get a hold of our majestic power of self? How can we fuse our creative self with our intellectual mind, and our grace of spirit? How can we create New Realities?



COSMIC WOMEN MAGAZINE



Cosmic Women Magazine is a tool in your journey. It is an **Alchemist's Manual**, a **Portal to other worlds & perspectives**. A fun, **mystical, graphic & literary map**, an **invitation to becoming holistic in your whole being**. It is a **template for building new forms of a SuperNatural lifestyle**. Cosmic Women Magazine is where the Earth merges with the Cosmos and gives rise to higher creative thoughts, speech, and actions. I started this brand as a way to teach metaphysical science and self awareness in a creative way. Because of my studies on the subjects of Spirit and Energy, my perspectives are very paradoxical.

The grand design of the Universe and Cosmic Connections have always made for interesting real life stories. In this first issue, we will take a journey inside the portals of other Cosmic Women. That's right! There are many Cosmic Women already walking the Earth from all locations, walking in their Divine Power, Mission, and Grace. Lucky for me, they are all my friends, soul sisters, and fellow teachers.

We hope you enjoy the Portal Jump!



Mandy Shantyne Lopez
METAPHYSICAL ARTIST



WELCOME TO THE C^w PORTAL



This is the Creative Space where the knowledge of Mind, Body, Energy meet. This is the Sacred Space for Healing, Evolution, Organic Healing Arts, Meta-Physics, and Spirit. Those who come forth with the Insights to seed the New Earth, are the Vessels known as Cosmic Women.





What happened to you when everything you have ever dreamed of, imagen, visualized, became REAL? What is happening to us all now, in these New 5-Dimensional Perspective lives? As your resident Metaphysical Artist/Alchemist I will tell you this... The process of **Fusion** is here and we are on our way to reconciling all duality. We take you on a Cosmic Women (and Divine Masculine) journey to words, literature, ideas, photos, and Holistic ways of living. This magazine is as always to inspire new thoughts and ways of living. In this Oct 2020 Issue, we are exploring that very Fusion of language in **Kòsmicas**. This is a dual language magazine of English and Spanish, to be able to merge what we call... Serpent Tongues.

The idea of Serpent Tongues can be interpreted in many ways...
Kundalini Energy
Merge of 2 Languages
Reconciliation of The Divine Feminine and Divine Masculine Energies
Paradox Thinking and Being
The end of Dark and Light Duality
The Beginning of the Fusion of the New Creation
Heart & Mind
Love & Logic
Spirit & Science
I am sure you can think of many more...



In this Issue we will share with you our actual Mùjeres Còsmicas ~ Serpent Tongues Exhibit. A journey which was inspired by the Book "Mùjeres Còsmicas", by Dr. Kòsmica, Hilda Sotelo.

I have a great Love and Connection to this particular piece of work. The Exhibit I created took on a life of its own. Exploring the multidimensional avenues of Photography, Voice over, Mantra, Literature, Sound Healing, Multimedia effects, Animation, and of course Performance Art.

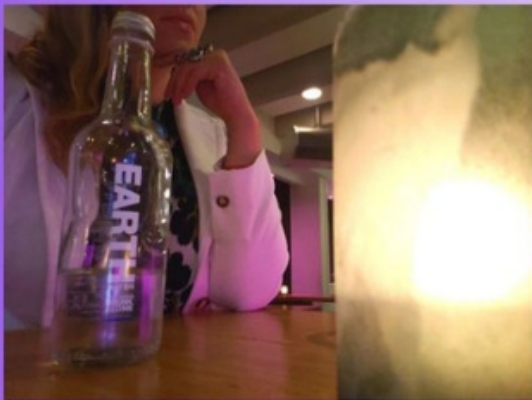


When I took on the character of LUCY, originally in Hilda's book. I knew most of the metaphysical work would be that of giving the character a different reality. To first reconcile her "Dark" and lower realm attributes, and then to give her a Higher Purpose.

Lucy is an Alchemist and Shapeshifter, and you will see more of her transformation throughout. It is a role that has since merged into my reality, or did I merge into hers? The New Reality of Lucy is one of Higher Realm creation, Higher planetary healing, and the application of Energy work in the mundane of life. Her character continues to expand into several other forms of art. She continues her journey through the Audio book, Serpent Tongues. A piece I am immensely proud of, yet still has much more to go. Who knows... perhaps it is Lucy who is the driving force to this very magazine?

The exhibit then took on it's on life and many more unfolding of creative express and venture. It has since debut in 2018 in El Paso, Tx, 2019 in Juarez, Mexico, and recently for an Academic Conference with The University of Texas at El Paso.

It is evident... we are JUST getting started...



MANDY SHANTYNE LOPEZ

CREATIVE DIRECTOR
CW MAGAZINE





“In the beginning there was the word...”

There was the mental plane, the thought, the logic, the intellect, the word. This is what the Serpent offered Eve. The knowledge of the tree of life. What was the knowledge if it came in the form (metaphor) of the fruit? Is the fruit equal to nature, as the tree of life is equal to the physical walking life? Could Eve be equal to the feminine aspect of energy, creation, heart intuition?

Hence her warm mammal like physical biological vessel. Was she Eve the origin of indigenous roots? Why then did the Serpent choose to give her the fruit, the knowledge, the insights to nature? What did the Serpent need from Eve in order to move her into this new trajectory? Everything has a purpose does it not? What if the stories are not as we have always known then to be? What if it is time to decode and re-code ourselves? Why is it always talks of Serpents? What if the most influential being in the Garden of Eden, the Serpent, was a women...

Excerpt from the Audio book: Serpent Tongues

Written by: Mandy Shantyne Lopez

What if our Creation stories are not really as we have been told?

What if it is Now time to Create New Realities?

What if We are the New Co-Creators of this Planet?

What if we are Already on the **New Earth...**





NEW EARTH = NEW MEDICINE



It is almost a year since my fellow Soul Sister (and editor of this Magazine) Esme and I portal jumped to Sedona, Az. We had no idea that excursion would later lead us to the Pyramids in Teotihuacan, Mexico. As well as the beautiful gloomy weather of Amsterdam, Netherlands. All between May and September of 2019. It was as if we had unlocked another level of reality. We were being called to reconcile and collect Spiritual aspects of self. It was a rite of passage, but to what rite, and by whom, or what? The woman on the cover is known as the “Caduceus”, the Master Physician.

“Recognized internationally as the symbol for medicine, the bronze representation by James N. Muir symbolizes a global message for humanity. The “Caduceus” has become an angel of Healing rising, like the mythical Phoenix heralding in a New Era of harmony and peace, to Heal the Earth and all it’s inhabitants with Love, as the Master Physician.” - Goldenstein Gallery

I will honestly say this...I am not fazed by most things that many would deem as incredible. But this moment was INCREDIBLE. We were taking a lovely stroll up the main shopping street of the center of Sedona. It was already a cool paradise of rows of metaphysical shops and people who are in tune with higher perspective and creativity. Then she appeared out of nowhere.

Standing in front of us in front of the Goldenstein Gallery was a TALL statue. A green goddess with all the

Esoteric symbols on her, a perfect fusion of the reconciliation and re-creation of all powerful Earth and Cosmic forces. I literally may have fell to my knees and gasp for air. I don't remember (Esme could tell us), but

surprisingly for ONCE I felt a good shock and admiration. For three reasons... First, the enormous towering energy embedded into this piece of art work. Standing in front of her and I felt so deeply her power.

She IS definitively a Portal for something, one day I hope to find out! Second, I felt like my whole inner mission and inner knowing of my work on this planet came into full validation. Everything I had fashioned myself to learn, be, and the metaphysical mysteries I have such passion about bringing forward and making them practical. This symbolic representation made it all clear! Third, I saw myself in her and she in me, I am her, and she is me. I remember telling the Universe...

MESSAGE TOTALLY RECIEVED!

Now it is clear as day that we are on the New Earth. We are in 5 Dimensional Perspective Reality. The demons of this Planet have already been transmuted, now what? Love, Joy, Bliss! We ARE the Co-Creators of this World,

Reality, and Cosmos. How do we want to create this New Earth? What Spirit Science do we want to unlock in this paradigm? What New Medicine do we want to incorporate for our SuperNatural Organic selves?



COSMIC WOMEN

Holistic Well-being & SuperNatural Life style

The medicine I give to you in this Magazine is that of metaphysics, spirit science, and holistic wellness. Master Physicians in the Energetic Arts will one day sit on the highest panels of society and assist in government, science, the arts, education, innovations, and many more. Cosmic Women Magazine is a guide to other portals, ideas, tips, discussions, stories, art forms, recipes, DIY, literature and education. Both for the Higher Awakening of Consciousness and also for Practical everyday life. We welcome you to unlock your 5 dimensional perspective...



MANDY SHANTYNE LOPEZ
CREATIVE DIRECTOR
COSMIC WOMAN MAGAZINE

PODCAST
TRANSMISSIONS OF A
COSMIC WOMAN



@MSHANTYNE
@COSMICWOMENMAGAZINE



Mandy Shantyne Lopez
Holistic Wellbeing &
SuperNatural Lifestyle